



January 2016



Airmen of the 104th Fighter Wing and their family members are visited by Santa Claus during the Wing's annual Christmas Party.

(Photo by Senior Airman Loni Kingston)



Col. James J. Keefe

AIRSCOOP

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PRIDE, PROFESSIONALISM, PATRIOTISM

Commander's Column

By Col. James J. Keefe, 104th Fighter Wing Commander

Happy 2016!

2015 has come to a close as we look forward to another year here at the 104th Fighter Wing. 2015 was another successful year for us and we are being recognized as one of the premiere Air Dominance Wings in the USAF. I won't spend the time reviewing our previous year's accomplishments, but I will say I was very proud of what we accomplished in 2015. The 104th Fighter Wing continues to fill a hugely important role in national defense. We will honor those who put forth the extra effort last year during our annual awards banquet being held this Saturday night in Springfield.

So what is the plan for this year and where are we headed? First, we need to look at our operating environment. It seems as if the world is becoming less and less stable politically each month. Russia, China, Syria, North Korea, Iran and ISIS (to name a few...) are all filling a vacuum left from our withdrawal from the world stage. They continue to flex their political and military muscle not only in their respective areas of responsibility, but some are challenging us here on our home soil. On the fiscal side of things, we are still feeling the effects of sequestration and our large federal deficit, resulting in less AT/ST days and a cut in our O+M, travel, and SRM funds. Our jets are still aging...(just like me!)...and we will have fewer resources to fix them. Military construction money will also be tight, lessening the opportunity for major construction projects.

With all these challenges we must do what we have been known for; using our superior intelligence, our strong community partnerships, and our constant commitment to excellence in our primary duties to be successful in 2016.

Air superiority is still a high priority for the defense of our nation and our allies. We will be filling a TSP rotation to Europe this spring to show Putin that we can deploy combat forces, effectively train with our NATO allies, then redeploy with little resources. To get ready for this

trip, our Maintenance and Operations groups will be training at Red Flag, leaving for three weeks at the end of January. While we are supporting the EUCOM AOR, we will continue with our homeland defense alert mission. We can expect more Noble Eagle taskings as in years past and a NORAD ACA inspection as well. Our FSS, along with elements of MSG and FW will be training in Germany during May, and our MDG will be heading to the Pacific to gain some valuable training with their active duty counterparts in Hawaii. We will also have several individuals filling individual mobilizations in support of ongoing operations around the globe.

Our facilities will need upkeep and we are working with our headquarters (both at the state and federal levels) to help us build newer facilities to make us more efficient, while increasing the protection of our assets. Our need for a new engine shop has been well documented and is still the #1 air MILCON project in the state. We will continue to engage with our state and federal partners to receive

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Alcoholism is treatable!

Need help? Call 1-800-410-2560

Sexual Assault S.A.F.E. helpline

1-877-995-5247

Commander's Column continued

funding for our taxiway Sierra project and our main new main gate. Although we have not received the money for these projects to date, we are hearing positive words from all involved that they are on track and that funding is starting to fall into place.

Lastly we will ensure we maintain the strong support from our families, our community, and our military and elected partners through an active community

engagement plan. We have our standard yearly social events planned to include the awards banquet, family day, Oktoberfest, Children's Easter, Halloween, and Christmas parties. We will host our elected officials during a congressional visit day to ensure they understand the needs of our wing. An important part of our success will be the continued education of the 99% of Americans who don't serve in a uniform on the importance of what we do here at

the 104th Fighter Wing.

2016 promises to be another exciting and challenging year for us, but I have no doubt that we will meet each task and challenge as we have in previous years, and fulfill our vision of being the most respected fighter wing in the Combat Air Forces!

Cobra

First Sergeant's Column

By Master Sgt. Larry Brace, 104th AMXS/CCF



definition says, "Integrity is a character trait. It is the inner voice; the voice of self control; the basis for trust imperative in today's military. Looking back over our military careers, I think we can all remember supervisors we would like to model ourselves after because of the integrity they showed in their work and personal lives.

Service Before Self tells us that professional duties take precedence over personal desires. We see that every time members of the 104th volunteer to deploy or volunteer to help in their community. Members of the 104th answer that call all the time through different volunteer opportunities.

Excellence in All We Do directs us to develop a sustained passion for continuous improvement and innovation that will propel the Air Force into a long term, upward spiral of accomplishment and performance. Every year we witness members of the 104th receiving their CCAF degrees. We have many members that volunteer in their Church, Community or other parts of the world.

We may not think about the Air Force Core Values throughout the course of our workday but as we look around, those values are at work in many. We'll

hear more about them throughout our Air Force careers but they are evident in those who have paved the path before us.

Air
Force
Core
Values

From the day we enter Air Force Basic Training, we're taught about core values and their meaning. As we progress through our careers we continue to hear about the core values, as they're the central focal point for our growth as leaders in the Air Force.

We've all heard the definition of Integrity as, "the willingness to do what's right even when no one is looking." I recently read another definition that's a great description of how "Integrity First" is key in developing future leaders. That



Chaplain's Corner - What is Your Relationship Quotient?

By Chaplain Stephen Misarski, 104th Fighter Wing Chaplain

Research is coming in that says we are more connected but also more depressed than previous generations. We have more means of communication but are lonelier. Emails, text messages, phone calls, Facebook and other means of communication (that are beyond me but very familiar to my teenagers) are not helping the situation but rather making matters worse. *"The researchers found that having little face-to-face social contact nearly doubles your risk of having depression two years later."* (<https://www.ohsu.edu>). Bottom-line: We need each other. In order to be healthy individuals, we need to interact with one another face-to-face on a regular basis.

Regular deployments and even drill weekends can put stress on the relationships that matter the most to us. Knowing that we have done the best to connect with our loved ones can help us fulfill our military mission and keep us emotionally healthy. So how do we do better in 2016 with our key relationships?

Value them. Don't settle for texting when you can call, don't settle for a call

when you can connect in person. Your presence with people speaks volumes to the value you place in them and your relationship. Minimize the electronics and use old fashioned "Facetime" to show you care.

Fix them. If a relationship to a family member, friend or coworker is broken, take the time, effort, and emotional energy to fix it. You take the initiative. Use humility. If at first it fails, ask a mutual friend, counselor or chaplain to help. Don't leave broken relationship unattended because the emotional toll is higher over the long run than dealing with it.

Strengthen them. Make a list of your significant relationships and strategize how you can make them better. Plan dates with your children and your spouse. Plan to have coffee or a beer with a friend on a regular basis. Attend a Strong Bonds event this year. We are planning Family, Married Couples and Singles events in 2016.

Start a new one. Lonely and waiting for people to notice? Take the initiative and reach out to someone first. Make a friend by being a friend. Guys typically

do relationships more comfortably by doing something else: shooting hoops, watching the game, playing video games, fixing a faucet.

Don't neglect the spiritual aspect of relationships. Mosques, synagogues and churches are great places to build relationships. From a Christian perspective, we know that God is a relational being and wants to develop a deep relationship with us through his Son. Each faith has its relational dimension with the Almighty.

So let's strengthen ourselves, our families and the 104th by reaching out to one another in healthy ways in 2016.

If the Chapel Team can help you, email, call (698-1057) or even better: stop in face-to-face at the Chapel (Building #12, aka Gym).

Worships:

Protestant, Sat. - 11:15 AM

Orthodox/Catholic, Sun. - 11:30 AM

First Sergeant Symposium

Photo courtesy of Wing Command Chief Master:
Chief Master Sergeant Maryanne Walts

Command Chief Master Sergeants Rich MacDonald, Karen Cozza and Maryanne Walts along with First Sergeants from around the state of Massachusetts pose for a picture following a tour of Lexington, Massachusetts. State Command Chief Master Sergeant Rick MacDonald recently hosted a First Sergeant Symposium December 7 and 8 at Hanscom Air Force Base, Bedford, MA.





Safety: How goes it? *Don't Make it a Killer Winter!* By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

The unit has experienced 4 injuries since the last How-Goes-It.

Physical Training participant short of breath, medical event and medical evaluation. Another participant injured knee, medical event, no treatment sought.

Worker fell traversing exterior stairs, impact head and back, lost time.

Worker shocked by circuit, ambulance transport, lost time

The unit has experienced 2 mishaps since the last How-Goes-It

Aircraft bird strike, #1 engine, no damage

Aircraft FOD, #1 engine blades damaged, blades blended

So here we are hunkered down for the stretch of cold and snow we knew would eventually get here. There is nothing like a little cold, a little moisture, and some wind to make you remember what winter is all about. Hopefully it reminds us to all take heed to the hazardous conditions this weather poses. It doesn't matter if we are driving, walking, shoveling, or simply staying home to stay warm; each of these is different now that we have

winter weather. Below are some items to consider.

Cold and exertion- When we are shoveling or snow blowing in the cold weather, it is important to know it is not the same to exert yourself as if it were warm out. In the cold we often forget to hydrate even though we are perspiring and we often forget to take breaks. This, along with breathing in cold air and cold air constricted blood vessels can easily spell trouble. Hydrate and take rest breaks often. If you have to do the hard work, make sure your doctor has given you a clean bill of health to do so. It is never a good idea to test your heart and back on a cold winter weather day!

Vehicle operation- Everyone knows or has at least heard that bridges freeze first, but how many of us actually take the required precaution to slow down? How about the peephole on your windshield you created with your ice scraper for you to look through to see? How about the pile of snow and ice on the top of the trucks and cars in front of you? How about your speed? If you had to slam on your brakes would you be able to stop? These are all things to think about before you hit the road.

Walking- When we walk on snowy and

icy walkways and stairs we must put our minds in the right place. If you think you can walk normally; think again! One wrong step can turn your vertical into horizontal in a split second. If there is snow on anything, walk like there is ice under the snow because there is a good possibility that there is! If there is ice on everything, you need to consider your options. To go it alone without sand, salt or ice grip footwear is like tempting fate. Shuffling your feet is always a good choice in bad weather and remember, your shoes are the slipperiest when you exit your vehicle due to the bottoms being warm.

Staying home- When we decide to stay home to stay warm, have we done the safety checks required? Are your furnace, water heater, and other vent pipes clear? Are your smoke and CO detectors serviceable? Are portable heaters placed 3 feet from things that can burn and not left unattended? If candles are used, are they used properly and not left unattended?

These items hopefully help put you in the right state of mind to keep you safe during the winter season. The goal is to do our best to stay safe and not have this be our "Killer Winter!"

Command Chief Master Sergeant Patrick J. Shaughnessy Scholarship

The 104th Fighter Wing Chiefs Council is excited to announce that it is offering two \$250 scholarships in 2016.

The Command Chief Master Sergeant Patrick J. Shaughnessy Scholarship is available to any enlisted member of the 104th Fighter Wing attending a two or four year college. Chief Shaughnessy was a leader, mentor, and friend to many unit members, both officer and enlisted. He exemplified Air Force Core Values both on and off duty as well as taught

and lived the whole Airman concept before the phrase became popular.

Applicants must submit proof of enrollment or acceptance to a two or four year college, have a current passing fitness assessment, and a 500 word essay explaining how they incorporate Air Force Core values into their everyday life. Essays must include a cover page, and be double spaced with no headers. Essays must be submitted to CMSgt Anthony Swana by 30 April 2016.

Late submissions will not be accepted. Selections will be made by blind committee in May, and the winners will be announced during the June UTA.

Please contact CMSgt Swana at anthony.f.swana.mil@mail.mil or SMSgt Tom Orifice at thomas.b.orifice.mil@mail.mil for additional information.

In the Community

By Senior Airman Loni Kingston

Since March 2015 the 104th Fighter Wing has seen an increase of distinguished visitors, boy scouts, girl scouts, and senior citizens groups touring the base. Military and government officials are primarily interested in our capabilities and what the 104th Fighter Wing can bring to the national stage. Children's groups are excited to see the F-15 Eagle up-close and personal; they are ecstatic when they see them take off. Senior citizens often have a story to share about when they were in the military and being on base for them is very nostalgic. The work behind coordinating these tours can be extensive, however, the reasons behind why we open our doors to the public makes the effort worth while. Our visitors rarely forget their experience and some even come back to join our ranks. Each month emails and letters are written to the command about the wonderful experience they have had and how they are grateful for the opportunity. No matter how big or small your contribution is during these tours the effects for our visitors can last a lifetime!

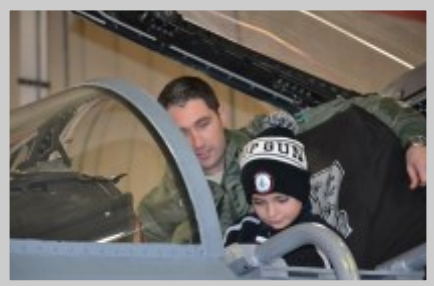
Sir,

I just wanted to recognize and thank Lt Col David "Moon" Halasi-kun, Maj Jay "Fat" Talbert and CMSgt Robert Beaulieu for setting up and providing a tour of the F-15 last Saturday to the 2007 Top Gun youth hockey team.

There were a total of 15 kids and 18 adults who were in attendance. Moon, Fat, and Chief went above and beyond making a 'photo ready' jet available, speaking with the kids and parents, and more important making them feel welcome!

They provided an engaging pre-brief overview, walk around tour, and the ability for the kids to sit in the cockpit. The Top Gun team has endured a difficult season with the loss of one of their players. The opportunity to see the Eagle up close and talk with the pilots has certainly provided a lasting positive memory. Many parents stated to me afterwards how impressed they were with the jets, facilities, and friendly demeanor of Moon and Fat.

They represented your organization with outstanding professionalism!



Children from the 2007 "Top Gun" youth hockey team tour Barnes Air National Guard Base .
Photos courtesy of Lt. Col. Chad Forrest, Massachusetts Air National Guard Executive officer.

December 2015

The Month in Review



All hands were on deck as 104th Fighter Wing officers served enlisted their holiday meal.

104th Fighter Wing Annual Holiday Party and Meal



Santa Claus came to Barnes to visit some very special children today during the annual 104th fighter wing holiday party. Arriving in style, Santa brought gifts and candy canes to the deserving children of the Airmen of the Fighter Wing. Photos by Senior Airman Loni Kingston

December 2015

The Month in Review



Cub Scout troop 109 from Westfield donated \$1200 worth of popcorn to the Airmen at the 104th Fighter Wing. Airmen were happy to receive the generous donation and the Cub Scouts were awarded a very special squadron patch by Colonel [Jim Keefe](#). Photos by Senior Airman Loni Kingston

Armbrook Holiday Meal with the Troops and Boyscouts Visit



Members of the 104th Fighter Wing shared a holiday meal with residents of Armbrook Village senior living facility in Westfield. Photos by Senior Airman Maria Georgeffils.

April 15th – 17th, 2016: (3 day Grotonwood Massachusetts PTSD Retreat)



Special guest Silouan Green who will speak on PTSD, Overcoming Adversity, Faith & Trauma, Leadership, and Intentional Living. Silouan overcame severe PTSD after a tragic jet crash while training as a US Marine to find purpose and the hope to live. Silouan developed The Ladder UPP life skills program and will be used at this retreat to rebuild their lives with a foundation of purpose.



speaker and activist

Silouan Green 

Project New Hope Inc. mission is to assist veterans and their families with PTSD, TBI, Military Sexual Trauma, Marital Issues, Chronic Pain Issues and Suicidal thoughts, and other issues that might arise. We are an organization that helps U.S. veterans and their families with addressing the challenges, fears and stigma that they face during and after they have served in our Armed Services. Project New Hope is committed to aiding our service members and their families by providing them the opportunity to get away and reconnect by attending one of our retreats. The organization offers tools for recognizing the symptoms and triggers of military-related occupational stress and injuries, as well as assist in developing coping mechanisms through holistic approaches to healing. All our staff and volunteers are committed to assisting our service members in their pursuit of New Hope and success in all they do.

"Where Veterans Rebuild with Honor" Register: <http://www.projectnewhopema.org/retreats>

March 11th – 13th, 2016: (3 day Grotonwood Massachusetts LGBT Retreat)



Special guest **Kristin Beck** (born **Christopher T. Beck**;) is a former United States Navy SEAL who gained public attention in 2013 when she came out as a trans woman. "I do not believe a soul has a gender, but my new path is making my soul complete and happy...I hope my journey sheds some light on the human experience and most importantly helps heal the "socio-religious dogma" of a purely binary gender".



Project New Hope Inc. mission is to assist veterans and their families with PTSD, TBI, Military Sexual Trauma, Marital Issues, Chronic Pain Issues and Suicidal thoughts, and other issues that might arise. We are an organization that helps U.S. veterans and their families with addressing the challenges, fears and stigma that they face during and after they have served in our Armed Services. Project New Hope is committed to aiding our service members and their families by providing them the opportunity to get away and reconnect by attending one of our retreats. The organization offers tools for recognizing the symptoms and triggers of military-related occupational stress and injuries, as well as assist in developing coping mechanisms through holistic approaches to healing. All our staff and volunteers are committed to assisting our service members in their pursuit of New Hope and success in all they do.

"Where Veterans Rebuild with Honor" Register: <http://www.projectnewhopema.org/retreats>

For Your Information

WALK IN LEGAL ASSISTANCE

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights.

Walk In Hours are available every Saturday RSD from 9 a.m.-11 a.m. hours. If you are unable to come during this time, please call our office at ext. 1244 to make an appointment. We would be happy to accommodate your schedule.



NOTARY PUBLIC SERVICES ALSO AVAILABLE

Pioneer Valley Club Aircraft Series 2015 Membership Coin



A tribute to the P-47D Thunderbolt flown
at Barnes ANGB from 1947-1950.

\$10 per coin.



Please see a PVC council member below for your coin.

Master Sgt. Fredette, Master Sgt. Hilton, Master Sgt. Oleksak, Master Sgt. Odell, Master Sgt. Plotniak, Tech Sgt. Lucas, Senior Airman Gunning, Tech Sgt. Rodrigues, or Pete Lupacchino

Barber Shop Open



The Barber Shop will be open for the 2016 RSD dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.



PVC CORNER

RED FLAG TRADING COINS AND CHIPS.

POC: MSgt Matthew Chapman X1359

SPECIAL RED FLAG CHIPS \$5.00 A SET



WING COINS \$10.00 EACH



MXS WRENCH COINS \$10.00 EACH



Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of what your membership money goes towards each year? A lot of people don't realize that the NCO Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. This past year we have donated to The Family Readiness Group, we have sponsored a hole in a Golf Tournament for the Soldiers Home fundraiser, and sponsored 10 Veterans from the Soldiers Home for the RSD Thanksgiving Meal just to name a few. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible.

It's that time of year again, and the Pioneer Valley NCO Club Coins are available at the NCO Club and with Club Council Representatives. The cost is \$10.



104TH FIGHTER WING POSITION VACANCIES

Position: 104th Mission Support Group Superintendent

Location: 104th Mission Support Group, Barnes ANGB

Grade: Chief Master Sergeant - E9

Status: Drill Status Guardsmen (DSG)

AFSC: Any MSG AFSC (Will be coded as 9G100, Group Superintendent)

Closing Date: 11 January 2016

This position is the principal advisor to the 104th Mission Support Group Commander on matters of health, welfare and morale, professional development and the effective utilization of the approximately 300 enlisted personnel assigned to the group. This position is located in the Mission Support Group (MSG), at an Air National Guard wing. Its primary purpose is to provide organizational, personnel, and resource management. Serves as a superintendent over one or more of the following Squadron/flight(s): Civil Engineering; Force Support; Logistic Readiness; Security Forces; and Communications. This position is responsible for mentorship and professional development of all group enlisted members. Provides oversight of the group's mobility/readiness program, and assists with UTC reporting. Assists commanders, first sergeants, and supervisors in appropriate administrative and force management functions concerning the MSG enlisted force. Recommends or initiates actions to improve organizational operation efficiency. Resolves issues between subordinate squadrons, other groups, wing staff, and outside agencies. Serves as liaison between the group staff and squadron superintendents overseeing mission support efforts for the 104th Fighter Wing.

The following elements are considered essential for successful performance in this position.

- Ability to supervise subordinates which includes: developing and administering standards, appraisals and training plans, and directing/prioritizing tasks.
- Knowledge in directives and procedures in the following areas: 1st Sergeant, Personnel, Training, and Family Programs, etc.
- Ability to read, understand, interpret and administer Air Force Instructions (AFIs), laws, and directives.
- Ability to effectively communicate both orally and in writing with all levels of personnel to include National Guard Bureau.
- Ability to effectively lead personnel.
- Ability to independently identify weaknesses and develop solutions that are effectively implemented with successful

Position Title / Grade: Aircraft Maintenance Officer (AFSC 021A3) / 01 - 04 (Major)

Location: 104th Maintenance Squadron,

Minimum Grade Eligible to Apply: O1 or Eligible for Commissioning

Application deadline: 7 February 2016

Projected Board Date: March UTA

POC for more information: Major Michael Dibrindisi at ext. 698-1219 or at 1-413-568-9151 ext. 698-1219

Position: The Maintenance Squadron has a projected vacancy for a Traditional Guardsmen as the Component Maintenance Flight (CMF) OIC. The CMF OIC administers aircraft maintenance programs and resources. Assess unit capability and advises senior leadership. Maintains workforce discipline and responds to personnel issues while balancing workforce availability and skill levels with operational requirements. Instills maintenance discipline, security awareness, and force protection concepts.

There is an expectation for member to be able to deploy for combat, AEF, TDY, PME, and/or other professional development schools at least 1-2 times per year, with up to 30 days of military duty per year.

Education: An undergraduate degree specializing in business administration, management, human resource management, or aviation science is desirable. Prior enlisted experience in Aircraft Maintenance disciplines is a plus, but not required.

Appointment is contingent upon completion of the Academy of Military Science (AMS) and Aircraft Maintenance Officer Course (AMOC).

Note: Verification of AFOQT scores is required upon interview.

Application Procedures: Please submit a completed package including a résumé, an un-opened official copy of your college transcripts, and a copy of your AFOQT scores no later than the application deadline to Chief Andres Huxtable andres.a.huxtable.mil@mail.mil, 413-568-9151 ext. 698-1435, 104th Force Support Squadron. Additionally, you may submit copies of any certifications that are required or that apply to the position at the time of the interview.

Additional Instructions: You will be notified via email regarding the board time, date, and location. Attire will be uniform of the day. If you are not eligible to meet the board, you will be notified by letter.

Maximizing Your AF e-Learning Experience

Featured Topic

Maximizing Your AF e-Learning Experience

Are you an Air Force civilian or military member looking for opportunities to develop your professional skills? Continuous learning promotes individual growth, and can enhance work performance.

No-cost learning resources are readily available to assist you via the [Civilian Development Resource Center](#) (CDRC) and the [AF e-Learning](#) tool. Use these valuable tools to complete free online courses and challenges as well as read books and view videos. These self-paced tools are accessible from your desktop 24/7 to respect your schedule!

Utilize blended AF e-Learning resources developed by the private sector to gain knowledge transferable to the Air Force workplace regardless of your experience level or career field.

Check out the CDRC's robust collection of topical learning programs, or conduct your own searches using the [AF e-Learning](#) site "Search and Learn" feature. It quickly links you to self-paced learning assets relating to your search criteria. Learning options are available whether you are military or civilian, a new member, journeyman, individual leader, or supervisor!

This month's newsletter features information and tips to help you maximize your AF e-Learning experience. Get connected and begin your own self-development journey today!

[Setting Expectations for e-Learning](#)

[Books 24x7 \(Quick Overview\)](#)

[Mobile Learning \(Books 24x7 On the Go\)](#)

[Leadership Advantage](#)



Civilian Development Resource Center

Newsletter Date: August 2015

Volume 2, Issue 12

Note: Access to AF e-Learning courses, books, and other tools is limited to Air Force members and civilians.



*Looking for specific subject matter?
The [Civilian Development Resource Center](#) provides a variety of topical and self-development learning programs for your continuous learning!*

Note: For best results, open your browser to the Air Force Portal page before clicking on the links contained in this newsletter.

About AF e-Learning



The AF e-Learning tool is a virtual environment providing access to thousands of free, online courses, books, simulations, challenges, videos, and more. These resources are self-paced to provide a flexible learning space. This valuable tool is available to Air Force military and civilian members.

[AF e-learning Site](#)

Perfect your skills using a variety of options that are available to fit your busy schedule!

Business Impact videos: 7-12 minutes

Case studies (Challenges): 15-20 minutes

Simulations: 50 minutes

One-hour courses (longer courses are also available)

Leadership-focused learning tracks (Full Tracks: 2 hours; FastTracks: 20 minutes)

Pre-packaged Learning Programs (LPs) are also available on a variety of topics regardless of experience level or role. Focus on the learning you need when you need it!

At the AF e-learning welcome page, click on "Catalog" from the left navigation to access a variety of Learning Programs under the folder entitled "USAF Civilian Development Curricula." Civilian as well as military members are welcome to use these valuable self-development tools!

- USAF Foundational Civilian Development
- Continuing Personal Development
- Topical LPs (focused on the Air Force Institutional Competencies)
- Supervisory/Leadership Continuing Development, and more!





OPERATION: MILITARY KIDS CLUB

AT
BOYS & GIRLS CLUB OF GREATER WESTFIELD
(413) 562-2301
www.bgcwestfield.org

Schedule of Activities

7:30	<i>Bus Pickup at 104th for Club - departing from Bldg 8</i>
7:00 - 7:30	Registration for Club Drop-off
8:00 - 8:15	Breakfast / Morning Meeting
8:15 - 9:15	OMK Mentoring
9:15 - 10:15	Games Room Activities / Creation Station
10:15 - 11:30	Triple Play / Healthy Habits Gym Activities
11:30 - 12:15	"Spontaneous" Karaoke Party / Gamestar Mechanic Computer Lab
12:15 - 12:45	Lunch
12:45 - 2:15	<i>Featured Movie</i>
2:30 - 3:30	Swimming
3:30 - 4:15	Games Room & Snack
4:15	<i>Bus Departs for 104th- drop off location: Bldg 8</i>

Military Kids Club Program Goal: To support military youth by increasing opportunities for children to share experiences with positive mentors and other children facing the same unique challenges of military family life.

Religion notes

Protestant Worship on Saturday, January 9 at 11:15 a.m. at the Chapel (Bldg 12).

Catholic/Orthodox Worship on Sunday, January 10 at 11:30 a.m. at the Chapel (Bldg 12).

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka the Fitness Center) or call ahead at 698-1057.



Promotions

To Airman 1st Class (E-3)

Bridgette Nunez MDG

To Senior Airman (E-4)

Daniel Avtgis MXS
Stephanie Dalton MXS
Scott Miller MXS
Jonathan Reardon AMXS
Timothy Reardon AMXS
Joseph Veale LRS



To Staff Sgt. (E-5)

Justin Devine AMXS
Victoria Williamson LRS



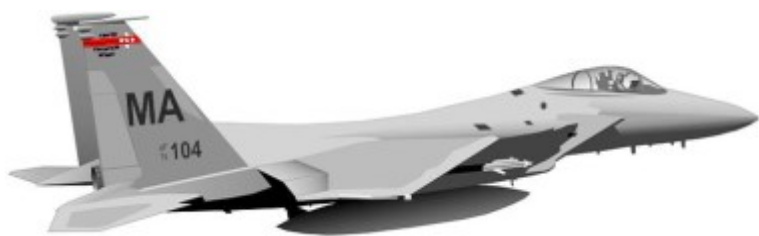
To Tech Sgt. (E-6)

William Ragusa AMXS



Congratulations on your retirements

SMSgt Dennis Desroches	MXG	1 Feb 2016
MSgt Jennifer Juteau	FSS	26 Feb 2016
MSgt Arthur Rief	AMXS	26 Feb 2016
Maj Angelia Russell	MDG	29 Feb 2016
Lt Col Jeffry Blake	FW	1 Mar 2016
TSgt Jason Mclear	AMXS	7 Mar 2016
MSgt Patrick Martunas	AMXS	19 Apr 2016



Welcome to new members

Conor Gallagher	MXS	1 Dec 2015
Jay Talbert	131FS	2 Dec 2015
Mathew Blanchette	AMXS	2 Dec 2015
John O'Connor	OSF	4 Dec 2015
Steven Kelliher	SFS	5 Dec 2015
Angel Huertas	FW	8 Dec 2015
Zachary Toto	AMXS	15 Dec 2015
Dakota Bordelon	AMXS	15 Dec 2015
Alexander LaPierre	AMXS	15 Dec 2015
London McCants	MDG	18 Dec 2015
Miguel Gonzalez	LRS	18 Dec 2015
Brenden Paradis	AMXS	29 Dec 2015
Cory Vandergrift	AMXS	31 Dec 2015

CCTV broadcast line up

Channel 9 - Training videos

Morning

0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

Training Video



Afternoon

Training Video

1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement



WHAT'S FOR LUNCH?

AGR and Officer Meal Rate \$5.55

Saturday - 1100-1300

Soup – Turkey Chili and Vegetable
Entrée – Basil Garlic Salmon or Orange Glazed Chicken Breast
Starch – Rice or Mashed Potatoes
Vegetables – Corn or Broccoli
Short Order – Cheeseburger or Grilled Chicken Sandwich, French Fries
Salad Bar and Assorted Desserts

Sunday - 1100 - 1300

Soup - Turkey Chili and Vegetable
Entrée – Beef Stroganoff or Chicken Cordon Bleu
Starch – Egg Noodles or Rice
Vegetables – Asparagus or Cauliflower
Short Order – Cheeseburger or Grilled Chicken Sandwich, French Fries
Salad Bar and Assorted Desserts



104th Fighter Wing Chiefs Council Fundraiser



\$15 per shirt

Shirts are a soft poly cotton blend.

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**Available from your squadron council members,
and in the MXG orderly room**

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